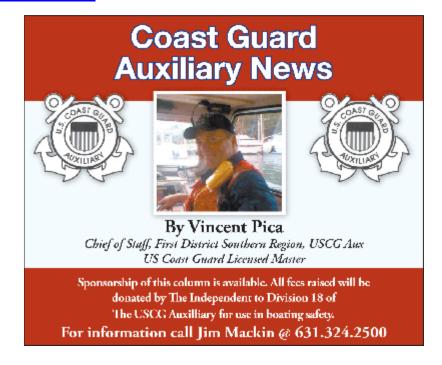


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Coast Guard Aux NEWS

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Safety First – In 10 Easy Steps

The United States Coast Guard characterizes their Auxiliary corps as a "force multiplier," enabling the active-duty and reserves corps to do more with the budgeted dollars allocated by the US Congress. USCG Auxiliarists donate 100 percent of their time to the tasks authorized by the Commandant of the United States Coast Guard. And no task is more important than promulgating and expanding the safety of life at sea. This column is about that.

The Ten Commandments

Well, that might be a bit of an over-statement (these are hardly divinely inspired) and an understatement (there are a lot more than 10 things you can do to enhance safety for you and your crew.) However, the numbers associated with these 10 steps that any skipper can do, or insist is done, are compelling.

1. **Thou Shalt Wear a Life-jacket** – If 16 mariners go into the water without a life-jacket –only 1 comes out. Conversely, if they fall overboard with a life-jacket, 15 come out. Which cadre do you want to be in? Always have an adequate supply of personal flotation devices aboard. Make

sure that children are wearing life-jackets that fit correctly. Federal and State law requires that they have one on. Only you, the skipper, can insure that it fits them properly. (see The Independent, "Do I Really Need To Wear a Life-jacket?", 9/24/08, and "Life-jackets Save Lives - Maybe Yours!," 2/11/09.)

- 2. **Never Shalt Thou Drink and Drive** Whether a car or a boat, it is just plain crazy and illegal to drink and drive (see The Independent, "Scotch & (Sea)Water A Deadly Cocktail", 6/30/10.) Individual years vary but I have never seen alcohol account for less than 25 percent of boating accidents in a given year.
- 3. **Taketh a Boating Safety Course** Yes, something as simple as an 8-hour boating safety class can make all the difference. 70 percent of boating accidents involve skippers who have never taken a boating safety course. If you haven't, start here http://www.cgaux.org/boatinged/ or email me below and we'll get you squared away.
- 4. **Safety Begins With Thou** –Adults between the ages of 40 and 49 account for the highest rate of boating fatalities. You set the tone for safety for the entire crew and her passengers. Come on, Bunky, get that life-jacket on.
- 5. **Thou Shalt Know The Rules of Navigation** Can you imagine giving the keys to the family car to one of your children and they have never opened the book of driving regulations, much less taken a course (see #3 above, Bunky.) You can get them online at the US Coast Guard's Navigation Center (http://www.navcen.uscg.gov/) You can also get them from prior columns here. (see The Independent, "What Side of the Buoys Do I Go On?," 10/22/08, for a starter.)
- 6. Thou Shalt Keep A Good Look-Out While Driving Safely You are required by law to always maintain a look-out. (see The Independent, "Rule 5 Proper Look-Out," 7/18/07.) You are also required to use all available means to do so. Have radar? Turn it on, Skipper. Speed is a another matter because, like driving a car, speed should always be reduced if visibility and/or weather demands it. (see The Independent, "Rule 6 Safe Speed," 10/10/07.)
- 7. **Knoweth Thy Weather** Clearly, if you've ever left the dock under beautiful skies and then came home under heavy weather, you know how important is to know before you go what to expect during the course of your journey. Particularly for skippers of open boats, this can be all the difference, even between life and death. (see The Independent, "Drill, Baby, Drill Weather Analysis," 8/04/10.)
- 8. **Haveth Thy Boat Meet Federal Standards** Can there be any an easier way to ensure that your boat meets USCG requirements than getting a FREE vessel safety check? This is not a regulatory event if the boat is missing some requirement, the examiner is very likely to give you his or her cell phone number and the advise to, "fix this and then give me a call I'll come right down, complete the safety check and affix the safety sticker to your windshield." (see The Independent, "No Fuss No Muss Free Vessel Exams!," 4/23/08 for details or just go to http://safetyseal.net/GetVSC/, put in your zip code and a vessel examiner will contact you directly.)

- 9 . **Useth a Carbon Monoxide Detector** If you have an enclosed cabin, equip it with a Carbon Monoxide detector. Nothing else will protect you from the odorless, tasteless gas that can kill you and yours. (see The Independent, "Flu Symptoms But No Sniffles? Carbon Monoxide Poisoning Is a Killer an update," 9/1/10.)
- 10. **Thy Shalt File a Float Plan** The US Coast Guard recommends that you always tell a friend or family member where you plan to go and when you'll be back. Make it a habit before leaving on any boat trip. (see The Independent, "Float Plans Nothing but Upside," 10/04/06.)

BTW, if you are interested in being part of USCG Forces, email me at <u>JoinUSCGAux@aol.com</u> or go direct to the D1SR Human Resources department, who are in charge of new members matters, at <u>DSO-HR</u> and we will help you "get in this thing..."